

CLEARING THE AIR

STRATEGIES FOR DEALING WITH WILDFIRE SMOKE



Education
Healthcare
Public Services

DID YOU KNOW?

- Wildfire smoke is a mixture of **fine particles, dangerous gases, air pollutants and water vapor.**
- These particles can get into your **eyes and respiratory system** and cause health problems such as **burning eyes, runny nose** and illnesses such as **bronchitis, asthma and COPD.**
- Fine particles can also aggravate **chronic heart and lung diseases** and are **linked to premature deaths in people with these conditions.**
- **Children and the elderly** are **especially vulnerable** to the dangers of wildfire smoke.

DUST MASKS ARE NOT ENOUGH to protect yourself from wildfire smoke. The AFT has developed a **three-hour interactive training** for members, their families and community members that provides real solutions for dealing with wildfire smoke.

LEARN HOW PROTECT YOURSELF

This training teaches best practices to protect yourself, your family and your workplace from wildfire smoke.

You will learn:

- **How to create a clean room** in your home or workplace during a wildfire;
- **How to monitor indoor air quality** and understand its impact on health;
- **Why air purifiers are critical** during a wildfire smoke event; and
- **How to build your own FREE fan-filter combination air purifier to take home** that can reduce the amount of tiny, harmful particles in the air.

SCHEDULE TRAINING NOW!

Set up training for your affiliate today. Send an email request to **4healthandsafety@aft.org**.

You can also find more information about emergency preparedness and response to wildfires at **www.aft.org/health-hub**.

The AFT is a union of professionals that champions fairness; democracy; economic opportunity; and high-quality public education, healthcare and public services for our students, their families and our communities. We are committed to advancing these principles through community engagement, organizing, collective bargaining and political activism, and especially through the work our members do.

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