ADULT FIRST AID | CPR AED

- HSI First Aid | CPR AED has been approved by the HSI Medical Advisory Board and reviewed by the HSI Advisory Council.
- Reflects the latest resuscitation science and treatment recommendations published by the International Liaison Committee on Resuscitation (ILCOR).
- Conforms with the 2020 American Heart Association (AHA) Guidelines Update for CPR and ECC and the annual Guidelines Update.

Course highlights

- Designed for individuals who are not healthcare providers or professional rescuers who desire, or are occupationally required, to be trained and certified in adult first aid and/or CPR AED for the adult, child, or infant.
- Scenario videos, full-color digital and printed materials, and clear, concise course content
- 2-year certification
- 4 - 6 hour class

Course topics include:

- CPR and Defibrillation
- Assessment & Chest Compressions
- Rescue Breathing & Using a CPR Mask
- Opioid-Associated Emergency
- Relief of Choking
- Responding to External and Internal Bleeding
- Direct Manual Pressure & Bandaging
- Using a Tourniquet (Improvised and Commercial)
- Shock
- Common Injuries
- Concussion
- Burns
- Poisoning
- Difficulty Breathing and Asthma
- Severe Allergic Reaction (Anaphylaxis)
- Heart Attack, Stroke and Seizure
- Diabetes and Hypoglycemia
- Heat and Cold Emergencies
- Bites and Stings

For more information, please contact the AFT health and safety team at 4healthandsafety@aft.org

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