

DIRECT ACTION, DIRECT CARE

A FIRST-AID WORKSHOP



Education
Healthcare
Public Services



PhotoS courtesy of AFT Connecticut

BECAUSE WHEN WE TAKE ACTION, WE TAKE CARE.

- This course draws on the powerful legacy of the **street medic movement**, which emerged in the 1960s as health professionals and volunteers organized to provide **medical support to civil rights workers** facing state violence and systemic neglect.
- Street medics play a vital role in **community resilience** and **mutual aid**, ensuring that movements can continue to **resist oppression while prioritizing care**.
- Whether you are a **seasoned activist** or **new to direct action**, this workshop will provide practical, **lifesaving skills** that empower communities to **stay safe and strong**.



In moments of collective action, whether during protests, marches or acts of nonviolent direct action, ensuring the health and safety of participants is crucial.

DIRECT ACTION, DIRECT CARE is a hands-on workshop designed to equip activists and organizers with the essential skills to provide emergency medical care in high-stress environments.

This session will cover:

- The **role of first-aid street medics** and how you can assist participants in a medical emergency.
- Understanding the **Good Samaritan law** and legal considerations.
- **Emergency planning** before, during and after actions.
- **Adult first aid** for common protest injuries, including trauma, burns, bleeding control, heat exhaustion, sprains, allergic reactions, breathing emergencies and chemical exposure.
- **Triage and patient assessment** under challenging conditions.
- **Teamwork, buddy systems** and **scene safety** for effective response.



SCHEDULE TRAINING NOW!

Set up training for your affiliate today. Send an email request to 4healthandsafety@aft.org.

**Upon workshop completion, participants will earn an Adult First Aid Certification valid for two years.*

The AFT is a union of professionals that champions fairness; democracy; economic opportunity; and high-quality public education, healthcare and public services for our students, their families and our communities. We are committed to advancing these principles through community engagement, organizing, collective bargaining and political activism, and especially through the work our members do.

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