The Teening of Childhood

By Kay S. Hymowitz

“A kid’s gotta do what a kid’s gotta do!” raps a cocksure tyke on a 1998 television ad for the cable children’s network Nickelodeon. She is surrounded by a large group of hip-hop-dancing young children in baggy pants who appear to be between the ages of three and eight. In another 1998 ad, this one appearing in magazines for the Gap, a boy of about eight in a T-shirt and hooded sweatshirt, his meticulously disheveled hair falling into his eyes and spilling onto his shoulders, winks ostentatiously at us. Is he neglected (he certainly hasn’t had a haircut recently) or is he just street-smart? His mannered wink assures us it’s the latter. Like the kids in the Nickelodeon ad, he is hip, aware, and edgy, more the way we used to think of teenagers. Forget about what Freud called latency, a period of sexual quiescence and naivety; forget about what every parent encounters on a daily basis—artlessness, shyness, giggling jokes, cluelessness. These media kids have it all figured out, and they know how to project the look that says they do.

The media’s darling is a child who barely needs childhood. In the movies, in magazines, and most of all on television, children see image upon irresistible image of themselves as competent sophisticates wise to the ways of the world. And maybe that’s a good thing too, since their parents and teachers appear as weaklings, narcissists, and dolts. The market aimed at children has skyrocketed in recent years, and many new products, particularly those targeting the 8-to-12-year-olds whom marketers call tweens, appeal to their sense of teen fashion and image consciousness. Moreover, kids have gained influence at home. In part, this is undoubtedly because of demographic changes that have “liberated” children from parental supervision. But let’s give the media their due. James McNeal, who has studied childhood consumerism for many decades, proclaims the United States a “filiarchy,” a bountiful kingdom ruled by children.

Lacking a protected childhood, today’s media children come immediately into the noisy presence of the media carnival barkers. Doubtless, they learn a lot from them, but their sophistication is misleading. It has no relation to a genuine worldliness, an understanding of human hypocrisy or life’s illusions. It is built on an untimely ability to read the glossy surfaces of our material world, its symbols of hipness, its image-driven brands and production values. Deprived of the concealed space in which to nurture a full and independent individuality, the media child unthinkingly embraces the dominant cultural gestures of ironic detachment and emotional coolness. This is a new kind of sophistication, one that speaks of a child’s diminished expectations and conformity rather than worldliness and self-knowledge.

Nowadays when people mourn the media’s harmful impact on children, they often compare the current state of affairs to the Brigadoon of the 1950s. Even those who condemn the patriarchal complacency of shows like Father Knows Best or Ozzie and Harriet would probably concede that in the fifties parents did not have to fret over rock lyrics like Come on bitch... lick up the dick or T-shirts saying Kill Your Parents.

These were the days when everyone, including those in the media, seemed to revere the protected and long-lived childhood that had been the middle-class ideal since the early 19th century.

But the reality of fifties media was actually more ambiguous than the conventional wisdom suggests. The fifties saw the rise of television, a medium that quickly opened advertisers’ and manufacturers’ eyes to the tastes and conservatism of his parents. The market aimed at children has skyrocketed in recent years, and many new products, particularly those targeting the 8-to-12-year-olds whom marketers call tweens, appeal to their sense of teen fashion and image consciousness.

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possibility of promoting in children fantasies of pleasure-filled freedom from parental control, which in turn fertilized the fields for liberationist ideas that came along in the next decade. American parents had long struggled to find a balance between their children's personal drives and self-expression and the demands of common life, but television had something else in mind. It was fifties television that launched the media's two-pronged attack on the pre-conditions of traditional childhood, one aimed directly at empowering children, the other aimed at undermining the parents who were trying to civilize them. By the end of the decade, the blueprint for today's media approach to children was in place.

The first prong of attack was directed specifically at parents—or, more precisely, at Dad. Despite the assertions of those who see in *Father Knows Best* and *Ozzie and Harriet* evidence that the fifties were a patriarchal stronghold, these shows represent not the triumph of the old-fashioned family but its feeble swan song.1 Dad, with his stodgy ways and stern commandments, had been having a hard time of it since he first stumbled onto television. An episode of *The Goldbergs*, the first television sitcom and a remake of a popular radio show featuring a Jewish immigrant family, illustrates his problem: Rosalie, the Goldbergs' 14-year-old daughter, threatens to cut her hair and wear lipstick. The accent-laden Mr. Goldberg tries to stop her, but he is reduced to impotent blustering: "I am the father in the home, or am I? If I am, I want to know!" It is the wise wife who knows best in this house; she acts as an intermediary between this old-world patriarch and the young country he seems unable to understand. "The world is different now," she soothes.2 If this episode dramatizes the transgenerational tension inevitable in a rapidly changing immigrant country, it also demonstrates how television tended to resolve that tension at Dad's blushing expense. The man of the fifties television house was more likely to resemble the cartoon character Dagwood Bumstead ("a joke which his children thoroughly understand" according to one critic) than Robert Young of *Father Knows Best*. During the early 1950s, articles...
began to appear decrying TV’s “male boob” with titles like “What Is TV Doing to MEN?” and “Who Remembers Papa?” (an allusion to another early series called I Remember Mama). Even Ozzie and Harriet was no Ozzie and Harriet. Ozzie, or Pop, as he was called by his children, was the Americanized and suburbanized papa who had been left behind in city tenements. Smiling blandly as he, apparently jobless, wandered around in his cardigan sweater, Ozzie was the dizzy male, a portrait of grinning ineffectuality. It is no coincidence that Ozzie and Harriet was the first sitcom to showcase the talents of a child character, when Ricky Nelson began his career as a teen idol. With parents like these, kids are bound to take over.

Still, the assumption that the first years of television were happy days for the traditional family has some truth to it. During the early fifties, television was widely touted as about the best thing that had ever happened to the family—surely one of the more interesting ironies of recent social history. Ads for the strange new appliance displayed a beaming mom and dad and their big-eyed kids gathered together around the glowing screen. It was dubbed the “electronic hearth.” Even intellectuals were on board; early sociological studies supported the notion that television was family-friendly. Only teenagers resisted its lure. They continued to go to the movies with their friends, just as they had since the 1920s; TV-watching, they said, was family stuff, not an especially strong recommendation in their eyes.

IN ORDER to turn television into the children’s oxygen machine that it has become, television producers and broadcasters during the late forties and early fifties had to be careful to ingratiate themselves with the adults who actually had to purchase the strange new contraption. Families never had more than one television in the house, and it was nearly always in the living room, where everyone could watch it. Insofar as the networks sought to entice children to watch their shows, they had to do so by convincing Mom that television was good for them. It was probably for these reasons that for a few short years children’s television was more varied and of higher quality than it would be for a long time afterward. There was little to offend, but that doesn’t mean it was bland. In an effort to find the best formula to attract parents, broadcasters not only showed the familiar cowboy and superhero adventure series but also experimented with circus and science programs, variety shows, dramas, and other relatively highbrow fare, for example, Leonard Bernstein’s Young People’s Concerts. Ads were sparse. Since the networks had designed the earliest children’s shows as a lure to sell televisions to parents, they were not thinking of TV as a means of selling candy and toys to kids; almost half of those shows had no advertising at all and were subsidized by the networks. At any rate, in those days neither parents nor manufacturers really thought of children as having a significant role in influencing the purchase of anything beyond, perhaps, cereal, an occasional cupcake, or maybe a holiday gift.

This is not to say that no one had ever thought of advertising to children before. Ads targeting youngsters had long appeared in magazines and comic strips. Thirties radio shows like Little Orphant Annie and Buck Rogers in the Twenty-Fifth Century gave cereal manufacturers and the producers of the ever-popular Ovaltine a direct line to millions of children. But as advertisers and network people were gradually figuring out, when it came to transporting messages directly to children, radio was a horse and buggy compared to the supersonic jet known as television, and this fact changed everything. By 1957, American children were watching TV an average of an hour and a half each day. And as television became a bigger part of children’s lives, its role as family hearth faded. By the mid-fifties, as television was becoming a domestic necessity, manufacturers began to promise specialized entertainment. Want to avoid those family fights over whether to watch the football game or Disneyland? the ads queried. You need a second TV set. This meant that children became a segregated audience in front of the second screen, and advertisers were now faced with the irresistible opportunity to sell things to them. Before television, advertisers had no choice but to tread lightly around children and to view parents as judgmental guardians over the child’s buying and spending. Their limited appeals to kids had to be more than balanced by promises to parents, however spurious, of health and happiness for their children.

That balance changed once television had a firm foothold in American homes and advertisers could begin their second prong of attack on childhood. With glued-to-the-tube children now segregated from adults, broadcasters soon went about pleasing kids without thinking too much about parents. The first industry outside of the tried-and-true snacks and cereals to capitalize on this opportunity was, predictably, toys. By the mid-fifties, forward-looking toy manufacturers couldn’t help but notice that Walt Disney was making a small fortune selling Mickey Mouse ears and Davy Crockett coonskin hats to the viewers of his Disneyland and The Mickey Mouse Club. Ruth and Eliot Handler, the legendary owner-founders of Mattel Toys, were the first to follow up. They risked their company’s entire net worth on television ads during The Mickey Mouse Club for a toy called “the burp gun”; with 90 percent of the nation’s kids watching, the gamble paid off bigger than anyone could ever have dreamed.

It’s important to realize, in these days of stadium-sized toy warehouses, that until the advent of television, toys were nobody’s idea of big business. There simply was not that big a market out there. Parents themselves purchased toys only as holiday or birthday presents, and they chose them simply by going to a specialty or department store and asking advice from a salesperson. Depression-traumatized grandparents, if they were still alive, were unlikely to arrive for Sunday dinner bearing Baby Alive dolls or Nerf baseball bats and balls. And except for their friends, children had no access to information about new products. At any rate, they didn’t expect to own all that many toys. It’s no wonder toy manufacturers had never shown much interest in advertising; in 1955 the “toy king” Louis Marx had sold fifty million dollars’ worth of toys and had spent the grand total of $312 on advertising.

The burp gun ad signaled the beginning of a new era, a turning point in American childhood and a deci-
sive battle in the filiarchal revolution. Toy sales almost tripled between 1950 and 1970. Mattel was now a boom company with sales rising from $6 million in 1955 to $49 million in 1961. Other toy manufacturers who followed Mattel onto television also watched their profits climb.

But the burp gun ad was also a watershed moment, because it laid the groundwork for today’s giant business of what Nickelodeon calls “kid kulture,” a phenomenon that has helped to alter the dynamic between adults and children. Television transformed toys from a modest holiday gift enterprise mediated by parents into an ever-present, big-stakes entertainment industry enjoyed by kids. Wholesalers became less interested in marketing particular toys to adults than in the manufacturer’s plans for promotional campaigns to seduce children. In short, the toy salesman had pushed open the front door, had crept into the den while Mom and Dad weren’t looking, and had whispered to Dick and Jane, without asking their parents’ permission, of all the happiness and pleasure they could have in exchange for several dollars of the family’s hard-earned money.

That the burp gun had advanced more power to children became more apparent by 1959, when Mattel began to advertise a doll named Barbie. Barbie gave a hint as to just how far business was ready to take the filiarchal revolution that had been set in motion by the wonders of television. Regardless of the promotional revolution it had unleashed, the burp gun was a familiar sort of toy, a quirky accessory to the battlefield games always enjoyed by boys. But Barbie was something new. Unlike the baby dolls that encouraged little girls to imitate Mommy, Barbie was a swinger, a kind of Playboy for little girls. She had her own Playboy Mansion, called Barbie’s Dream House, and she had lots of sexy clothes, a car, and a boyfriend. The original doll had pouty lips—she was redesigned for a more open California look in the sixties—and she was sold in a leopard skin bathing suit and sunglasses, an accessory whose glamour continues to have iconic status in the children’s market. In fact, though it isn’t widely known, Barbie was copied from a German doll named Lili, who was in turn modeled on a cartoon prostitute. Sold in bars and tobacco shops, Lili was a favorite of German men, who were suckers for her tight (removable) sweater and short (removable) miniskirt.

Barbie has become so familiar that she is seen as just another citizen of the toy chest, but it’s no exaggeration to say that she is one of the heroes in the media’s second prong of attack on childhood. She proved not only that toy manufacturers were willing to sell directly to children, bypassing parents entirely, but that they were willing to do so by undermining the forced and difficult-to-sustain latency of American childhood. According to marketing research, mothers without exception hated Barbie. They believed she was too grown-up for their 4-to-12-year-old daughters, the toy’s target market. The complaint heard commonly today—that by introducing the cult of the perfect body Barbie promotes obsessive body consciousness in girls, often resulting in eating disorders—is actually only a small part of a much larger picture. Barbie symbolized the moment when the media and the businesses it promoted dropped all pretense of concern about maintaining childhood. They announced, first, that they were going to flaunt for children the very freedom, consumer pleasure, and sex that parents had long been trying to delay in their lives. And, second, they were going to do this by initiating youngsters into the cult of the teenager. If this formula sounds familiar, it’s because it remains dominant today. Barbie began the media’s teening of childhood; today’s media images and stories are simply commentary.
ADS TARGETING children make perfect companion pieces to stories of family rot and children savvy enough to roll their eyes amusingly through all the misery. In ads today, the child's image frequently appears in extreme close-up—the child as giant. Appealing to children's fantasies of omnipotent, materialistic freedom, advertisers portray an anarchic world of misrule in which the pleasure-seeking child reigns supreme. Spot, the red dot on the logo of containers of 7 Up, comes to life, escapes from the refrigerator, and tears through the house causing riotous havoc. A Pepsi ad shows screaming teens and preteens gorging themselves with cake, pouring Pepsi over their heads, and jumping on the bed with an electric guitar. "Be young, have fun, drink Pepsi," says the voice-over. Adult characters—even adult voice-overs and on-camera spokespeople—have been banished in favor of adolescent voices in the surfer-dude mode. Any old folks left standing should prepare to be mocked. Perceived as carping, droning old-timers who would deny the insiders their pleasure or fun, adults are the butts of the child-world joke. They are, as the New York Times' Charles McGrath noted after surveying Saturday morning cartoons, "either idiots, like the crazed geek who does comic spots on 'Disney's 1 Saturday Morning,' or meanies, like the crochety, incompetent teachers and principals on the cartoons 'Recess' and 'Pepper Ann.'" Teachers, of course, citizens of the adult gee-kville as well: In one typical snack food ad, kids break out of the halls of their school or behind the back of dimwitted teachers droning on at the chalkboard.

The misleading notion that children are autonomous figures free from adult influence is on striking display in ads like these. Children liberated from parents and teachers are only released into new forms of control. "Children will not be liberated," wrote one sage professor. "They will be dominated." Nineteenth-century moralists saw in the home a haven from the increasingly harsh and inhuman marketplace. The advantage of hindsight allows us to see how this arrangement benefited children. The private home and its parental guardians could exercise their influence on children relatively unchallenged by commercial forces. Our own children, on the other hand, are creatures—one is tempted to say slaves—of the marketplace almost immediately.

The same advertisers who celebrate children's independence from the stodgy adult world and all its rules set out to educate children in its own strict regulations. They instruct children in the difference between what's in and what's out, what's hip and what's nerdy—or, to quote the inimitable Beavis and Butthead, "what's cool and what sucks." Giving new meaning to the phrase hard sell, today's ads demonstrate for children the tough posture of the sophisticated child who is savvy to the current styles and fashions. In a contest held by Polaroid for its Cool Cam promotion, the winning entry, from a Manassas, Virginia, girl, depicted a fish looking out a fishbowl at the kids in the house and sneering, "The only thing cool about these nerds is that they have a Cool Cam." Polaroid marketed the camera with a pair of sunglasses, the perennial childhood signifier of sophistication.

It should be clear by now that the pose the media has in mind for children—cool, tough, and sophisticated independence—is that of the teenager. The media's efforts to encourage children to identify with the independent and impulsive consumer teen—efforts that began tentatively, as we saw, with Barbie—have now gone into overdrive. Teenagers are everywhere in children's media today. Superheroes like Mighty Morphin Power Rangers and Teenage Mutant Ninja Turtles are teenagers. Dolls based on the TV character Blossom; her suggestively named friend, Six; and her brother, Joey, portray teenagers, as do the dolls based on the TV series Beverly Hills 90210, not to mention the ever-popular Barbie herself. Even the young children dressed in baggy pants who sing A
kid's gotta do what a kid's gotta do for Nickelodeon are, for all intents and purposes, teenagers.

By populating kids’ imaginative world with teenagers, the media simultaneously flatters children's fantasies of sophistication and teaches them what form those fantasies should take. Thus, the media’s “liberation” of children from adults also has the mischievous effect of binding them more closely to the peer group. In turn, the peer group polices its members’ dress and behavior according to the rules set by this unrecognized authority. In no time at all, children intuit that teens epitomize the freedom, sexiness, and discretionary income—not to mention independence—valued in our society. Teens do not need their mommies to tell them what to wear or eat or how to spend their money, nor do they have sober responsibilities to restrain them from impulse buying.

These days, the invitation to become one of the teen in-crowd arrives so early that its recipients are still sucking their thumbs and stroking their blankies. During the preschool lineup on Nickelodeon one morning, there was a special Nickelodeon video for a song entitled “I Need Mo’ Allowance.” In this video the camera focuses on a mock heavy metal rock band consisting of three teenaged boys in baggie pants and buzz cuts who rap a chorus that includes lines like “Mo’ allowance to buy CDs! A dollar sign flashes repeatedly on the screen. This video was followed by an ad for a videotape of George of the Jungle. “This George rides around in a lime, baby, and looks great in Armani,” jeers the dude announcer. “It’s not your parents’ George of the Jungle!” Change the channel to Sesame Street, and although the only ads you’ll get are for the letter H or the number 3, you may still see an imitation MTV video with a group of long-haired, bopping, stomping muppets singing “I’m so cool, cool, cool!” That few 3-year-olds know the first thing about Armani, limos, or even cool is irrelevant; it’s time they learned.

Many companies today have “coolhunters” or “street teams,” that is, itinerant researchers who hang out in clubs, malls, and parks and look for trends in adolescent styles in clothes, music, and slang to be used in educating younger consumer trainees. Advertisers can then broadcast for children an aesthetic to emblazon their peer group identity. Even ads for the most naive, childlike products are packed with the symbols of contemporary cool. The Ken doll, introduced in 1993, has hair tinted with blond streaks and wears an earring and a thick gold chain around his neck. The rock and roll which accompanies many of these ads is the pulsing call to generational independence now played for even the youngest tot. The Honey Comb Bear (in sunglasses) raps the virtues of his eponymous cereal. The 1998 Rugrats movie is accompanied by musicians like Elvis Costello and Patti Smith. With a name like Kool-Aid, how could the drink manufacturer continue its traditional appeal to parents and capture today’s child sophisticate as well? The new Mr. Kool Aid raps his name onto children’s brains.

As math or geography students, American children may be mediocre, but as consumers they are world-class. They learn at prodigiously young ages to obey the detailed sumptuary laws of the teen material world, a world in which status emanates out of the cut of a pair of jeans or the stitching of a sneaker. M/E Marketing Research found that kids make brand decisions by the age of four.4 Marketing to and Through Kids recounts numerous stories of kids under 10 unwilling to wear jeans or sneakers without a status label. One executive at Converse claims that dealers inform him that children as young as two are “telling their parents what they want on their feet.” Another marketing executive at Nike notes, “The big shift we’ve been seeing is away from unbranded to more sophisticated branded athletic shoes at younger and younger ages.” At Nike the percentage of profit attributable to young children grew from nothing to 14 percent by the early nineties.15

Nowhere has the success of media education been more dramatically apparent than among 8-to-12-year-old “tweens.” The rise of the tween has been sudden and intense. In 1987 James McNeal, perhaps the best-known scholar of the children's market, reported that children in this age group had an income of $4.7 billion. In 1992 in an article in American Demographics he revised that figure up to $9 billion, an increase of almost 100 percent in five years.16 While children spent almost all their money on candy in the 1960s, they now spend two-thirds of their cash on toys, clothes, movies, and games they buy themselves.17

The teening of those we used to call preadolescents shows up in almost everything kids wear and do. In 1989 the Girl Scouts of America introduced a new MTV-style ad with rap music in order to, in the words of the organization’s media specialist, “get away from the uniformed, goofy-goody image and show that the Girl Scouts are a fun, mature, cool place to be.”18 Danny Goldberg, the chief executive officer of Mercury Records, concedes that teenagers have been vital to the music industry since the early days of Sinatra. “But now the teenage years seem to start at eight or nine in terms of entertainment tastes,” he says. “The emotions are kicking in earlier.”19 A prime example is Hanson, a rock-and-roll group whose three members achieved stardom when they were between the ages of 11 and 17. Movie producers and directors are finding it increasingly difficult to interest children this age in the usual children’s fare. “Tweens go to Scream, a horror film about a serial killer, or Object of My Affection, a film about a young woman who falls in love with a homosexual man.”20 After the girl-driven success of Titanic, Buffy Shutt, president of marketing at Universal Pictures, marveled, “They’re amazing consumers.”21 Mattel surely agrees, as evidenced by their Barbie ad. “You, girls, can do anything.” Clothing retailers are scrambling for part of the tween action. All over the country companies like Limited Too, Gap Kids, Abercrombie and Fitch, and Gymboree have opened stores for 6-to-12-year-olds and are selling the tween look—which at this moment means bell bottoms, ankle-length skirts or miniskirts, platform shoes, and tank tops.22 Advertisers know that kids can spot their generational signature in a nanosecond—the hard rock and roll, the surfer-dude voices, the baggy pants and bare midriffs shot by tilted cameras in vibrant hues and extreme close-ups—and they obliges by offering these images on TV, the Internet, in store displays, and (Continued on page 45)