

Are you dealing with the aftermath of a natural disaster? We're here to help.

Severe weather has become the new normal. Major disasters are on the rise, and AFT members' lives are being changed forever. To help those who have experienced a natural disaster, the AFT provides free trauma counseling.





AFT +
Member Benefits

FREE Trauma Counseling

The AFT provides all active, working members with free trauma counseling if they are injured, traumatized or infected by disease because of a natural disaster.* This invaluable benefit offers one-to-one counseling sessions with a licensed therapist with a master's degree or higher who has advanced training in post-traumatic incident recovery.

The AFT's Trauma Counseling Program is a crucial resource for its members in the aftermath of a covered incident. If you're an AFT member and would like to learn more about this free benefit, please call 202-393-8643 or log in to your member benefit portal. ▼



*A natural disaster for purposes of coverage must be declared under the U.S. National Emergencies Act for any natural catastrophe (not COVID-19), including any hurricane, tornado, storm, high water, wind-driven water, tidal wave, tsunami, earthquake, volcanic eruption, landslide, mudslide, snowstorm, drought or, regardless of cause, fire, flood or explosion, in any part of the United States, that causes damage, ecological disruption, loss of human life, or deterioration of health and health services on a large scale.