

Room 3, Mdantsane Mall, Mdantsane, 5219	043 761 5316
No 121, Richardson Rd, Idutywa, 4960	047 489 1703
Suite 9&10, ManPower Bldg 4th Floor, Mthatha 5099	047 531 3900
39 Harry Triechalt Street Betresdorp, Ext 10	041 457 1817
3 Poselbon Crescent, BlueWater Bay, 6210	041 466 6140
20 Milner Road, North End East London, 5200	043 743 9243
151 Kama Street No. 2, Mothernell, 6210	041 469 5474
6641 Daku Road, Kwazakhele, P.E., 6205	041 467 1683
No. 65 Grahamstown Road, Swartkops P.E., 6210	041 466 2967
29 Ntshekisa	041 454 0190
32 Owen Street, Queenstown, 5320	045 839 3788
28 Alexandra Road, King Williams Town, 5600	043 643 3126/7
120 High Street, 6139, Grahamstown	046 636 2063
30 Melliman Street, 4960, Butterworth	047 491 2497/5/6
2 Stamford Avenue, 5160, Libode	047 555 0006

36 Piwer Street, Kokstad, 4700	039 727 2246
Old Mutual Building, Main Street, Mount Frere, Eastern Cape	039 255 0130
50 Main Road, Umzikhuku	039 259 0527
1 Dan Pienaar Street, Southbourne, 5320	040 842 2075
Old Mutual Building, 28 King Street, Butterworth, 4960, Eastern Cape	047 491 4767
38 Stockenstrom Street, Cradock, Eastern Cape, 5880	048 881 4291
Main Street, Qumbu	047 553 0010
71 Madeira Street, Umtata, Eastern Cape	047 532 6007
30 Merriman Street, Butterworth, 4960	047 491 4454/5/6
113 Main Street, Sterkspruit, Eastern Cape, 9762	051 611 0952
7 High Street, Cofimvamba	047 874 0523
Msikinya Trading Store, Main Street, Lusikisiki	039 253 1556
99 Thuvston Street, Tsolo, 5170	047 542 0311
16 Academy Street Butterworth	047- 491 4515

Are You A Teacher?

Ask this **DOCTOR**
about a Special Programme
that offers **TEACHERS**

 **FREE HIV Testing and Counselling**

 **FREE AIDS Treatment**

 **Your Own private doctor for FREE**

 **PRIVACY and CONFIDENTIALITY
guaranteed**

HOW DO TEACHERS' ACCESS TESTING AND TREATMENT?

Phone: TEACHERS' TESTING & TREATMENT HOTLINE

0860 888 4673

SMS: 082 302 8445 / 082 574 5442

Phone: TOLL-FREE AIDS HELP LINE

0800 012 322

CALL



TTT HOTLINE: 0860 888 4673
SMS: 082 302 8445 / 082 574 5442
TOLL-FREE: AIDS HELP LINE
0800 012 322



Tshepang Trust

The Tshepang Trust (also known as Tshepang), is an HIV and AIDS Comprehensive Programme of the South African Medical Association (SAMA). SAMA, whose mission is to empower doctors to bring health to the nation, is the largest professional association of all doctors registered with the Health Professions Council of South Africa.

Vision

The vision of the Tshepang Trust is to unite doctors and the nation in HIV and AIDS care and treatment.

Mission

1. HIV and AIDS Management

To provide human resources and expertise in the management of HIV and AIDS

- 1.1. Bringing GPs to public sector facilities in order to assist in the treatment of patients on a sessional basis.
- 1.2. Utilising GPs to manage public patients from their private consulting rooms.
- 1.3. Facilitating co-ordination and possible recruitment of other roles players.

2. Information, Education and Communication (IEC)

To curb the spread of HIV through behaviour modification by promoting the Empowerment (E) of women, Male (M) rehabilitation and increasing (C²) efforts on prevention.

E = MC²

- 2.1. Promoting a healthy lifestyle including safe relationships
- 2.2. Empowering GPs to deal with social aspects of HIV and AIDS by promoting:

- **A**bstinence and
- **B**eing faithful
- **C**ompassionate and caring intimacy, including safe sexual practices and condom use
- **D**isclosure on a limited basis, particularly to support structures e.g. partners, spouses, family members and close relationships.

The Tshepang Trust as a partner in the Prevention Care and Treatment Access (PCTA) Programme

The PCTA programme is an HIV and AIDS Management partnership aimed at promoting Prevention Care, HIV testing and treatment for SA teachers. The Tshepang Trusts contribution to the partnership is to provide doctors trained and skilled in HIV and AIDS Clinical Management to counsel test and treat teachers and their spouses or partners in a caring, confidential and private environment at ***no cost***.

We provide:

- ✓ FREE Counselling and testing
- ✓ FREE AIDS Treatment
- ✓ Your own private doctor for FREE
- ✓ Guaranteed PRIVACY and CONFIDENTIALITY

PHYSICAL ADDRESS EASTERN CAPE

13 Main Street,
Qumbu, 5180

Erf No.122 Mqanduli,
Mthatha, 5100

34 Sprigg Street,
Umthatha, 5099

28 Sprigg Street,
Mthatha, 5100

49 Main Rd, B297

47 St Johns Street,
Kokstad, 4700

ERF 39, Flagstaff 4810

7 Main Street,
Mqanduli, 5100

2 Indalo View, Sessions Street
Fortgale, Umthatha, 5099

Shop No.1 NDV's Shopping
Engcobo, 5050

99 Thuvston Street,
Tsolo, 5170

17A Komani Street,
Queenstown, 5320

Shop 26 Circus Triangle

Main Road Mqanduli,
Mqanduli, 5080

2 Stanford Avenue,
Libode, 5160

20 Philanimbiko Street,
Kwanobuhle, P.E., 6000

24 Thorogood Street,
Kurstas, 6000

TEL NO.

047 553 0072

051 634 1221

047 573 1094

047 531 3591

047 531 0817

039 259 0249

039 727 2322

039 252 0184

047 573 5125

047 577 0033

047 548 3295

047 542 0311

045 838 223

047 531 4359

047 573 0096

047 555 0006

041 977 3746

041 453 3327