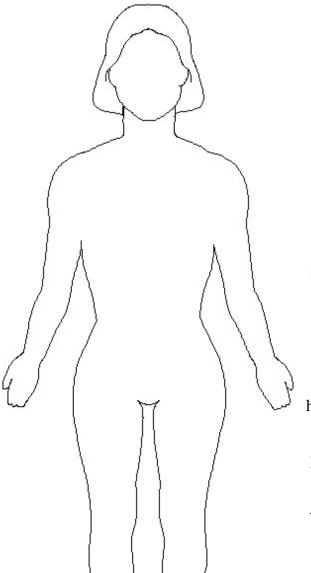
Mark where you have health symptoms related to work

Pain=P or red

Cramp=C or blue

Numbness=N or green

Weakness=W or Yellow



Rate by circling or marking the symptoms that:

Restrict or disable you in red

Sometimes limit your home or work activities in orange

Distract you or make you uncomfortable in yellow

You have had a diagnosis or surgery in black

