

Pittsburgh Walking/Running Routes

Starting at the Highmark Wellness Center

- Blue

1.25 Miles - Travel right, to entrance of Point State Park. Travel around the footpath which leads around the fountain and then back to the park entrance. Stay towards the left following the path back to Commonwealth Ave., return to the Fitness Center.
- Red

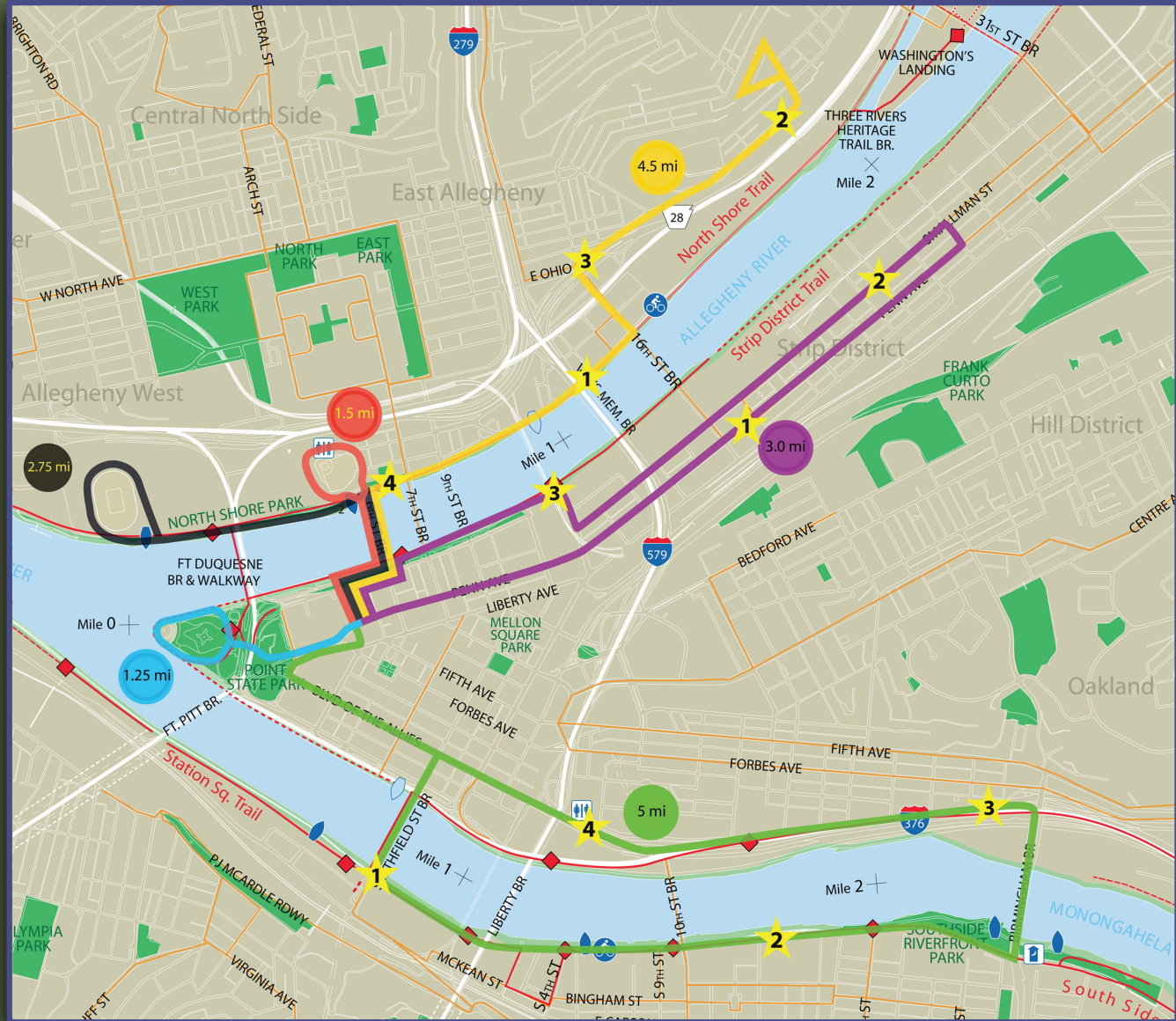
1.5 Miles - Travel across Clemente Bridge, circle around PNC Park, and return to the Fitness Center.
- Black

2.75 Miles - Travel across Clemente Bridge, make a left down the steps at the end of the bridge. Follow trail to Heinz Field, circle Heinz Field, then back to the Clemente Bridge. Return to the Fitness Center.
- Purple

3.0 Miles - Travel along Penn Ave. towards the Strip District. Turn left on 27th Street; turn left again on Smallman Street. Travel along Duquesne Blvd., turn left onto Stanwix Street returning to the Fitness Center.
- Yellow

4.5 Miles - Travel across Clemente Bridge, make a right down onto path. Follow path making way to Heinz House, then across footbridge to Troy Hill. Climb Troy Hill, at top circle around North Catholic High School, and return to the Fitness Center.
- Green

5.0 Miles - Travel along Blvd of the Allies, turn right and cross Smithfield Street Bridge. Turn left on trail heading towards Birmingham Bridge. Cross Birmingham Bridge and return to the Fitness Center along 2nd Ave to the Blvd of the Allies.



★ = MILE MARKER